A Reference to Help Individuals Affected by Misuse of Opioids and Other Substances

LORAIN COUNTY, OHIO
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How to use this guide:
The Opioid and Other Drug Resource Guide is a tool for individuals impacted by opioid or other drug abuse. This reference guide is not intended as a replacement for treatment and support.

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Helpful Tips:

• This guide is loosely organized by type of service. Organizations may be listed more than once if they offer more than one service at their organization.

• This reference guide can be used by anyone in Lorain County, Ohio, affected by opioid or other drug abuse, including care providers, family members, friends, and people who are in active addiction.

• Resources and services in this guide are intended to help those addicted to drugs stay alive until the day that they are ready for treatment.

• As Ohio addresses the opiate epidemic, organizations and services may change. Please contact the Mental Health, Addiction and Recovery Services (MHARS) Board of Lorain County with any new information. Check mharsloraincounty.org for up-to-date contact information.

Goal:

To provide current local information and resources to assist those who are impacted by opiate and other drug use and addiction.
ADDITION & OVERDOSE OVERVIEW

What is Addiction?
• Addiction is a chronic, relapsing brain disease that is characterized by compulsive drug seeking and use despite harmful consequences.
• Drugs change the brain. These changes can be long-lasting and can lead harmful behaviors seen in people who abuse drugs.

What are Opioids?
• Opioids are drugs that depress or relax the activity of the nervous system, decreasing feelings of pain and affecting breathing.
• Opioids include drugs such as heroin, oxycodone (Percocet, Percodan, OxyContin), hydrocodone, (Vicodin, Lortab, Norco), Fentanyl, hydromorphone (Dilaudid), buprenorphine (Subutex, Suboxone), codeine, methadone, morphine, tramadol (Ultram), and synthetics like carfentanil.

How to Help Others
• Talk to youth and others about avoiding drugs and practicing positive coping skills.
• Provide supportive resources available in this guide to those who use opioids.
• Offer emotional support to those using to encourage them to seek services while avoiding ultimatums.
• If a person is experiencing an overdose, call 911 immediately.
Signs of an overdose
An overdose is a medical emergency and 911 should be called immediately.

Signs:
• Slow breathing (less than 1 breath every 5 seconds) or no breathing
• Vomiting
• Face is pale and clammy
• Blue lips
• Slow, erratic or no pulse
• Snoring or gurgling noises while asleep or nodding out
• No response when you yell the person’s name or rub the middle of their chest with your knuckles

How to respond to an overdose
• Try to wake the person up by yelling their name and rubbing the middle of their chest with your knuckles.
• Call 911 and explain that the person has stopped or is struggling to breath.
• Make sure nothing is in the person’s mouth that can block their breathing. If breathing has stopped or is very slow, begin rescue breathing.
• If possible, administer naloxone (Narcan).

What is naloxone (Narcan)?
• Naloxone is medicine commonly known as Narcan that can be used to reverse an overdose by opioid drugs.
• When administered during an overdose, naloxone blocks the effects of opioids on the brain and restores breathing.
• It can be given as an injection in the muscle or as a nasal spray.
• Naloxone works rapidly and will not harm the person receiving it.
If you are using opiates or other drugs, how do you know you are ready to get help?

- Have you ever felt you should cut down your use?
- Have you ever felt guilty or bad about your using?
- Have you ever felt that if you could quit using, your life would be better?
- Have you ever been in trouble with the law, at school or work due to your use?
- Has your drug use caused problems at home with your spouse/partner or family?
- Have you used to ease withdrawal symptoms or avoid feeling low?
- Are you currently experiencing withdrawal symptoms: excessive sweating, nausea, diarrhea, insomnia, muscle pain, or extended fatigue?

If you said yes to any of these questions, please see the Treatment Services section on the next page for options.

Are you or someone you know experiencing an opiate or other drug addiction?

Three things to do:

1. Call for help or more information.
2. Have Naloxone (Narcan) on hand to reverse a life-threatening overdose.
3. Know that you are not alone. Help is available.
CRISIS INTERVENTION SERVICES

If you are experiencing a crisis that requires immediate attention, **CALL 911 or go to the nearest emergency room.**

**Ohio Department of Mental Health & Addiction Services Helpline:** 877-275-6364  
**Crisis Text Line:** 741-741  
**Lorain County Mental Health 24-hour Crisis Line:** 1-800-888-6161  
**National Suicide Prevention 24-hour Lifeline:** 1-800-273-8255  
**The LCADA Way 24-hour Help Line:** 440-989-4900  
**Genesis House Domestic Violence Line:** 440-323-3400

TREATMENT SERVICES

**Mental Health, Addiction and Recovery Services (MHARS) Board of Lorain County**  
**Alcohol and Other Drug Services Non-Emergency Line:** 440-282-9920  
**Offices:**  
North Ridge Site: 1173 North Ridge Rd East, Suite 101, Lorain, OH 44055, 440-233-2302  
Oberlin Avenue Site: 4950 Oberlin Ave., Lorain, OH 44053, 440-282-9920  
mharsloraincounty.org

**The Drug and Alcohol Abuse Treatment Locator:**  
www.findtreatment.samhsa.gov
Buprenorphine Physician and Treatment Program Locator: 
www.samhsa.gov/medication-assisted-treatment/physician-program-data/treatment-physician-locator

www.opiateaddictionresource.com/treatment/suboxone_treatment_directory/oh_suboxone

Ohio Mental Health and Addiction Services (OhioMHAS) Provider Directory:
mha.ohio.gov/Families-Children-and-Adults/Get-Help

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**ADDITIONAL SERVICES**

**INFECTIOUS DISEASE COUNSELING & TESTING** *(Hepatitis C, STI, & HIV/AIDS)*

These agencies offer infectious disease counseling and testing services. Please contact an agency for more information about cost and services.

**Lorain County Free Clinic:**
440-277-6641
5040 Oberlin Ave. Lorain, OH 44053
www.lcfreeclinic.org

**Family Planning Services of Lorain County:**
440-322-7526
602 Leona St. Elyria, OH 44035
www.familyplanningservices.org

**Lorain County Public Health:**
440-322-6367 or 440-244-2209
9880 South Murray Ridge Road Elyria, OH 44035
www.loraincountyhealth.com
MEDSAFES AND SAFETY DISPOSAL POUCHES

A medication safe is an effective tool for your home to safeguard medications that have potential for abuse. A safe medication disposal pouch is an effective tool for your home to safely dispose of medication that have potential for abuse. You can pick up these items at no cost to Lorain County residents at:

- All Discount Drug Marts in Lorain County (when filling a prescription)
- All Public Libraries throughout Lorain County
- MHARS Oberlin Ave. site: 440-282-9920, 4950 Oberlin Ave., Lorain, OH 44053

MENTAL HEALTH SERVICES

Mental Health, Addiction and Recovery Services (MHARS) Board of Lorain County

Crisis Hotline: 1-800-888-6161 or 911

Mental Health Services Non-Emergency Line (Navigator): 440-240-7025

Call this line during regular business hours to speak with a bilingual (English-Spanish) social worker who can help you connect to the services that best fit your or your child’s needs, and that is available with the shortest wait.

Offices:
North Ridge Site: 1173 North Ridge Rd East, Suite 101, Lorain, OH 44055, 440-233-2020
Oberlin Avenue Site: 4950 Oberlin Ave., Lorain, OH 44053, 440-282-9920
mharsloraincounty.org
NALOXONE (NARCAN) ACCESS
Lorain County Public Health offers Naloxone kits weekdays from 8:00 am – 4:00 pm. at 9880 South Murray Ridge Rd. Elyria OH 44035. After-hours are available; call to schedule at 440-322-6367. Please allow 20 minutes for education on how to use the kit. (Provided by Project Dawn grant.)

Most pharmacies, such as CVS, Walgreens, Giant Eagle, Discount Drug Mart, Marc’s, Rite Aid, Walmart, and Sam’s Club carry Naloxone. Contact your local pharmacy to confirm if it has naloxone available or visit:

pharmacy.ohio.gov/Licensing/NalxonePharmacy.aspx

PEER SUPPORT
Certified Peer Recovery Supporters are individuals in their own long-term recovery that have been trained and certified by the State of Ohio. They help others to find their path to recovery and support them on that journey. Let’s Get Real is a recovery community organization that offers peer support to the community. They also work with individuals seeking help for addiction in the hospitals and through the police assistance project:

Let’s Get Real
440-963-7042
PREVENTION SERVICES

Comprehensive prevention programs are designed to prevent use and/or to delay first use of alcohol and other drugs. They are available at the local level and often at no cost to participants. Prevention programs are typically designed either for the general population or for those identified to be at higher risk to use and abuse drugs, alcohol and/or tobacco.

Mental Health, Addiction and Recovery Services (MHARS) Board of Lorain County
North Ridge Site: 1173 North Ridge Rd East, Suite 101, Lorain, OH 44055, 440-233-2020
Oberlin Avenue Site: 4950 Oberlin Ave., Lorain, OH 44053, 440-282-9920
mharsloraincounty.org

The LCADA Way
440-989-4900
2115 West Park Dr. Lorain, OH 44053
www.thelcadaway.org

UMADAOP (Urban Minority Alcoholism and Drug Abuse Outreach Program) Lorain
2314 Kelly Place
Lorain, OH 44052
440-246-4616

Big Brothers Big Sisters
1917 North Ridge Road
Lorain, OH 44055
440-277-6541
RECOVERY HOUSING

Road to Hope (Men): 440-309-4284
158 Irondale St. Elyria, OH 44035

Road to Hope Margeau House (Women):
440-309-4284
14462 St. Rt. 58 Oberlin, OH 44074

Primary Purpose (Men): 440-219-4774
3222 North Ridge Rd. Elyria, OH 44035

Primary Purpose (Women): 440-219-4774
3222 North Ridge Rd. Elyria OH 44054

Alpha House (Men): 440-420-4700
14868 St. Rt. 58 Oberlin OH 44074

Genesis on the Lake (Women or Women with Children): 440-309-4284
100 Chappel Creek Ct, Vermilion, OH 44089

LAW ENFORCEMENT-RELATED RESOURCES

COURTS — SPECIALTY DOCKETS

There are several specialty court programs that can benefit individuals seeking recovery who have criminal justice involvement. For program information and eligibility information:

- Lorain County Recovery Court: 440-326-4709
- Lorain County Family Drug Court: 440-329-5187
- Lorain County Juvenile Drug Court: 440-329-5187
- Lorain County Veteran’s Treatment Court: 440-329-5443
POLICE-ASSISTED PROGRAMS

LINC (Local Initiative to Network Compassion)
Serves Southern Lorain County
440-647-2244

Police Assisted Project- (PAP) Elyria & Lorain
Under this project, Certified Peer Recovery Specialists/Supporters respond with 75 minutes to calls from participating police stations throughout Lorain County. Peers are available 24 hours a day, 7 days a week. Anyone looking for help with their addiction can go into a participating police station, ask for help, and they will connect to resources.

Harm Reduction Clinic
Harm Reduction Clinic is held every other Friday, 1:00 to 4:00 p.m. at First United Methodist Church, 127 Park Place, Wellington, OH 44090. Services Provided: HCV and HIV testing; immediate wound care; peer-to-peer support; counseling and treatment referral; needle exchange.

REENTRY

Citizens Circle
To support individuals coming out of corrections facilities, incarceration or court-related programs:

Amy Levin Conference and Learning Center, 1165 North Ridge Rd. East, Lorain, OH 44055
4th Tuesday of every month @ 10 AM
SUPPORT GROUPS & COMMUNITY ADVOCACY

COMMUNITY COALITIONS

Communities that Care (CTC): 440-282-9920
STOP (Sober Truth on Preventing Underage Drinking): 440-282-9920
Safe Communities Coalition: 440-322-6367

SUPPORT GROUPS

Al-Anon (For Families and Friends): 888-425-2666
ohioal-anon.org
Alcoholics Anonymous (AA) Ohio Statewide:
624-253-8501
www.aaloraincounty.org
Care Center LCCC- Support Options
1005 North Abbe Rd. Elyria, OH 44035
Care Club
1st and 3rd Wednesday @ 4:30 PM (Open to LCCC Students)
Solace Meeting
2nd and 4th Wednesday @ 4:30 PM (Open)
LGBTQ Club
Every Wednesday @ 2 PM (Open)
www.lorainccc.edu/support-services
Celebrate Recovery
www.celebraterecovery.com
Ohio: locator.crgroups.info
Cocaine Anonymous (CA): 800-347-8998
www.caohio.org
Crystal Meth Anonymous: 855-METH-Free or 855-638-4373
www.crystalmeth.org
Families Anonymous: 800-736-9805
www.familiesanonymous.org
Families of Addicts (FOA): 937-307-5479
www.foafamilies.org
www.foafamilies.org/meeting

Heroin Anonymous Ohio: 888-699-7556
haohio.yolasite.com

Let’s Get Real Peer Support
1939 Oberlin Ave. Lorain OH 44052
All Recovery Monday @ 7 PM
Family & Kids Support Group Tuesday @ 6 PM
SMART Recovery Wednesday @ 7:30 PM
Heroin Anonymous Thursday @ 7 PM
Life Recovery Bible Study Friday @ 6 PM
Adult Children of Alcoholics Friday @ 8 PM
www.letsgetrealinc.org

Marijuana Anonymous: 800-766-6779
www.marijuana-anonymous.org

Nar-Anon (for families): 800-477-6291
www.nar-anon.org

Narcotics Anonymous (NA): 800-587-4232
www.naohio.org

Nicotine Anonymous: 877-879-6422
www.nicotine-anonymous.org

Smart Recovery (an alternative to 12-step):
440-951-5357
smartrecovery.org

TAP (the Addict’s Parent United): 614-206-8129
tapunited.org

Alcoholics Anonymous for Atheists & Agnostics:
419-706-2339

Faith Based Support Groups

Cathedral of Life Ministries Clean Sober & Saved
5375 Jaycox Road North Ridgeville, OH 44039
Sunday @ 7 PM

Beyond the Walls Church Victory over Your Addiction
101 Woodford Avenue Elyria, OH 44035
Tuesday @ 7 PM
Amherst Church of Nazarene the Next Step
210 Cooper Foster Park Road Amherst, OH 44001
Saturday @ 6 PM

Celebrate Recovery Meetings
Vermilion Assembly of God
4931 Southview Drive Vermilion, OH 44089
Tuesday @ 7 PM

Church of the Open Door
43275 Telegraph Road Elyria, OH 44035
Thursday @ 7 PM

Hope Christian Church
32625 Detroit Rd. Avon, OH 44011
Friday @ 7 PM

Chestnut Ridge Baptist Church
38550 Chestnut Ridge Rd. Elyria, OH 44035
Tuesday @ 6:30 PM

Calvary Baptist Church
32607 Electric Blvd. Avon Lake, OH 44012
Thursday @ 7 PM

Heroin Anonymous Groups
Let’s Get Real Sobriety Club
1939 Oberlin Avenue Lorain, OH 44052
Monday @ 6:30 PM

Narcotics Anonymous
Community of Faith Church
9715 E. River Rd. Elyria, OH 44035
Thursday @ 7 PM
Sunday @ 5 PM

First Church of Oberlin
106 N. Main St. Oberlin, OH 44074
Monday @ 7 PM
Wednesday @ 7:30 PM
Church of the Redeemer  
647 Reid Ave. Lorain, OH 44052  
Wednesday @ 7:30 PM  

Lake Ave. United Church of Christ  
310 Lowell St. Elyria, OH 44035  
Sunday @ 5 PM  

First Lutheran Church  
603 Washington Ave. Lorain, OH 44052  
Friday @ 8 PM  

Holy Trinity Church- Trinity Place  
2500 Elyria Ave. Lorain, OH 44055  
Friday @ 8 PM  

YWCA Holly Hall New Horizons Group  
318 West Ave. Elyria, OH 44035  
Wednesday @ 7 PM  

Community of Faith UCC  
9715 E. River Rd. Elyria, OH 44035  
Sunday @ 5 PM  

St. Paul’s Lutheran Church  
115 Central Drive Amherst, OH 44001  
Tuesday @ 7 PM  

Primary Purpose  
1741 North Ridge Rd. Lorain, OH 44055  
Monday @ 7 PM  

Christ the King Church Youth Building  
30635 Lorain Rd. North Olmsted, OH 44070  
Thursday @ 7 PM  

First United Methodist Church  
34077 Lorain Rd. North Ridgeville, OH 44039  
Friday @ 7:30 PM  

Al-Anon Meetings  

The LCADA Way  
2115 West Park Dr. Lorain, OH 44053  
Thursday @ 6:30 PM  

First Congregational United Church of Christ  
330 2nd St. Elyria, OH 44035  
Wednesday @ 12:30 PM
St. John Lutheran Church  
1140 W. River Rd. N. Elyria, OH 44035  
Sunday @ 7:30 PM

Good Shepherd Baptist Church  
1100 Cleveland Ave. Amherst, OH 44001  
Wednesday @ 7:30 PM

United Methodist Church  
393 Park Ave. Amherst, OH 44001  
Monday @ 7:30 PM

Lake Shore United Methodist Church  
33119 Electric Blvd. Avon Lake, OH 44012  
Thursday @ 8 PM

First Congregational United Church of Christ  
36363 Center Ridge Rd. North Ridgeville, OH 44039  
Sunday @ 5:30 PM

Cathedral of Life Assembly of God  
5375 Jaycox Rd. North Ridgeville, OH 44039  
Tuesday @ 8 PM

First Church Oberlin  
106 North Main St. Oberlin, OH 44074  
Monday @ 7:30 PM

Other Support Groups

Family Education & Support Group  
The LCADA Way  
1882 East 32nd St. Lorain, OH 44055  
Tuesdays @ 6 PM

The LCADA Way  
120 East Ave. Elyria, OH 44035  
Thursday @ 6 PM
The resources were compiled by the Mental Health, Addiction and Recovery Services (MHARS) Board of Lorain County from community resources. Inclusion in this booklet does not necessarily constitute an endorsement of an agency or its services. Any mistakes or omissions are unintentional.

If you have questions about any specific organization, please contact them directly with the number provided.

If you would like to contribute any information, contact the MHARS board 440-233-2020.

For a glossary of terms, please visit the Emerald Jenny Foundation’s site:
www.emeraldjennyfoundation.org/terminology-2

For more information about opioid abuse and community resources, visit www.mharsloraincounty.org

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