The Lorain County Board of Mental Health (LCBMH) is the local public agency that plans, funds, monitors, and evaluates a system of services for residents with mental illness in Lorain County.

A citizen board of 18 community members determines which services are to be provided and funded based upon state requirements and community needs. The board members also monitor and evaluate delivery of those services. Private, not-for-profit, and independent community agencies are contracted by the Lorain County Board of Mental Health to provide an array of mental health services. Services include counseling, prevention, consultation, peer support, community support, crisis intervention, housing development and management, and vocational employment support.
You’ll find us at the corner of Hope and Recovery.

It’s true. The Lorain County Board of Mental Health is located at the corner of Hope Drive and Recovery Drive. It’s a signpost in the ground, but it’s also a guide to our philosophy.

Our friends, neighbors, and community leaders also serve as guides. Last year, with input from our partners, we developed a Strategic Plan. In the plan, our goals are to:

• enhance the quality of mental health services,
• improve access to care,
• decrease the incidence of suicide among youth and adults, and
• maintain financial and public support for our mental health network.

We connect children, adults, and families to quality mental health services. We also strive to create a supportive community for mental wellness.

In this report, we highlight investments and progress on our goals. We also wish to express our gratitude to the supportive people of Lorain County. The work of the Lorain County Board of Mental Health primarily is supported by local funding through the mental health levy. Thank you.
“Key people are getting together. We are opening and continuing conversations about suicide prevention and other essential resources for residents of Lorain County.”

Traci Shed, Board Chair

In 2015, we increased our efforts to build community connections. Historically, as many as half of the people who need mental health care across the country are not receiving it.* When someone living in Lorain County needs services that can improve their emotional and mental wellbeing, we want to make sure that they can find what they need and receive quality care.

Innovations

Peer specialists: When in recovery, it helps to involve someone who truly understands. Peer specialists offer an insider’s perspective, plus supports for people with mental illness. We invested in Peer Housing Retention Specialists to help consumers maintain their housing and Recovery Support to work with some of the more vulnerable consumers in 24-hour group homes.

Online screening: We now offer an anonymous, free online depression screening that lets anyone with internet access do a quick “checkup from the neck up.”

Internships: To attract new talent to clinical agencies in our local mental health network, our Board approved stipends of $2,000 for Masters-level Social Work or Counseling students from Cleveland State University and John Carroll University who complete an internship in community-based service at a funded agency. So far, we have sponsored five interns.

4 out of 5 interns were hired by an agency in our mental health network.

Outcome incentive funding: Our Board wants to reward agencies for helping their clients experience significant improvements. We are exploring how to measure client experience for incentive funding, and how to increase outcomes reporting.

* For example, in 2014, an estimated 44.7% of the 43.6 million adults in the United States with any mental illness, and 68.5% of the 9.8 million adults with serious mental illness received mental health services in the past year, according to the “Receipt of Services for Behavioral Health Problems: Results from the 2014 National Survey on Drug Use and Health” report from SAMHSA.

Who Was Served
Medicaid & Non-Medicaid Clients in Our Network of Providers

3,723 kids 7,100 adults

Demographics**:
53% female, 47% male | 85% white, 10% black or African-American, 2% Native American or American Indian, 3% other races or unknown

** Estimated. Gender/sex demographics are based on both Medicaid and non-Medicaid clients, while the race/ethnicity demographics are based on non-Medicaid clients only.
Bellefaire JCB, and Beech Brook participated in an incentive funding pilot project for their Intensive Home Based Treatment (IHBT) services for youth. Results found that in the first year, all three agencies dramatically increased the number of clients for whom outcome data were submitted. Also, agency and Board staff identified a plan for incentive funding tied to level of improvement.

Contacts with the Community

From July 2014 through June 2015, the Board and agency staff provided 184 hours of training to 649* people. We connected with mental health providers and professionals, and with moms, dads, grandmas, youth, first responders, and other compassionate members of our community.

Special Focus on Parents, Youth, and Schools

This year, we made a special effort to increase our trainings on prevention approaches for children, teens, educators, and parents, including:

**Parent Management Training (PMT):** an evidence-based program for caregivers of children who have oppositional or defiant behaviors.

**PAX:** an evidence-based practice to teach first graders to “flip on” their internal focus switch, required for any learning. The skills developed also protect against lifetime mental, behavioral, and related physical illnesses, and improve academics.

**Signs of Suicide (SOS):** with the Lorain County General Health District and United Way, provided educators and clinicians with skills to speak to students about mental health and suicide prevention.

**Lifeline Postvention:** a program on how to successfully address or respond to any type of death or traumatic event that affects a school.

**Mental Health First Aid for Youth:** a course that educates adults who regularly interact with young people about common mental health challenges for youth, adolescent development, and a five-step action plan for how to help young people in both crisis and non-crisis situations.

**200+ people** attend Keeping Our Children Safe Forum

On May 14, 2015, Mark Barden, who lost a son in the Sandy Hook Elementary School shooting in Newtown, Connecticut, met with parents and caregivers in our community. He spoke about youth who die prematurely and interventions that can keep youngsters safe. Barden was joined by Dr. Tim Conrad and Officer Don Stanko, authors of *Digital Dangers*, who provided education on online and social media dangers targeting youth.

We provided **184 hours of training to 649 people.**

* Duplicated count. That means that the same person might have attended more than one training.
Funded Agencies for State Fiscal Year 2015

Applewood Centers
Beech Brook
Bellefaire JCB
Big Brother Big Sisters
Catholic Charities
El Centro de Servicios Sociales
Far West Center
Firelands Counseling Center
Gathering Hope House
Lucy Idol Center
Lutheran Metropolitan Ministry
NAMI of Lorain County
New Sunrise Properties
The Nord Center
OhioGuidestone
Pathways Counseling
Safe Harbor, Inc.

Financial Statement | July 1, 2014 to June 30, 2015

Amherst
Avon
Avon Lake
Belden
Brentwood Lake
Brighton
Brownhelm
Camden
Carlisle
Columbia
Eaton
Elyria
Grafton
Henrietta
Huntington
Kipton
LaGrange
Lorain
New Russia
North Ridgeville
Oberlin
Penfield
Pittsfield
Rochester
Sheffield
Sheffield Lake
South Amherst
Vermilion
Wellington
Funded Agencies for State Fiscal Year 2015

Applewood Centers  
Beech Brook  
Bellefaire JCB  
Big Brother Big Sisters  
Catholic Charities  
El Centro de Servicios Sociales  
Far West Center  
Firelands Counseling Center  
Gathering Hope House  
Lucy Idol Center  
Lutheran Metropolitan Ministry  
NAMI of Lorain County  
New Sunrise Properties  
The Nord Center  
OhioGuidestone  
Pathways Counseling  
Safe Harbor, Inc.

Where We Invested

<table>
<thead>
<tr>
<th>Service</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential Services</td>
<td>25.5%</td>
</tr>
<tr>
<td>Case Management</td>
<td>18.8%</td>
</tr>
<tr>
<td>Crisis Services</td>
<td>13.2%</td>
</tr>
<tr>
<td>Psychiatry</td>
<td>10%</td>
</tr>
<tr>
<td>Peer Services</td>
<td>6.5%</td>
</tr>
<tr>
<td>Other Mental Health Services</td>
<td>6%</td>
</tr>
<tr>
<td>Counseling</td>
<td>5.7%</td>
</tr>
<tr>
<td>Early Childhood Mental Health</td>
<td>3.4%</td>
</tr>
<tr>
<td>Medication</td>
<td>3.3%</td>
</tr>
<tr>
<td>Inpatient Services</td>
<td>2.8%</td>
</tr>
<tr>
<td>Mental Health Assessment</td>
<td>1.9%</td>
</tr>
<tr>
<td>Vocational</td>
<td>1.6%</td>
</tr>
<tr>
<td>Prevention</td>
<td>1.4%</td>
</tr>
<tr>
<td>Medication</td>
<td>3.3%</td>
</tr>
<tr>
<td>Inpatient Services</td>
<td>2.8%</td>
</tr>
<tr>
<td>Mental Health Assessment</td>
<td>1.9%</td>
</tr>
<tr>
<td>Vocational</td>
<td>1.6%</td>
</tr>
<tr>
<td>Prevention</td>
<td>1.4%</td>
</tr>
</tbody>
</table>

Our Revenues

- **Local Sources**: $11,169,973
- **State Sources**: $1,502,846
- **Federal**: $414,090

“We are fortunate to live in a community that values mental health, and has a strong network of health care providers.”

Charles Neff, Executive Director
Board Members

Traci Shed, Chair
David Ashenhurst
Ed Baker
Sheryl Billman
Timothy Carrion
Maurita Ferguson
Tracey Frierson
James Heron
Joseph Hribar
Cynthia Leano-Sellers
Martin Leibas
Doug Messer
Mark Provenza
Judith Reich
Debra Singleton
Andrew Smith
Karen Sutera
Sanford Washington

Staff

Charles Neff, Executive Director
Dr. Kathleen Kern, Associate Director
Joseph Carver
Holly Cundiff
Blanche Dortch
Rhonda Heginbotham
Jeanette Hinkle
Patrice McKinney
Vinaida Reyna
Marianne Riley
Joan Samkow
Dennis Staysniak

Members and staff during State Fiscal Year 2015