

PROCLAMATION

**IN THE MATTER OF PROCLAIMING MAY AS MENTAL HEALTH
MONTH IN LORAIN COUNTY, OHIO**

WHEREAS, mental health is essential to everyone’s overall health and wellbeing; and

WHEREAS, attention to mental health needs has never been more important than during this time of global change; and

WHEREAS, all Americans face challenges in life that can impact their mental health; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, there are practical tools that all people can use to improve their mental health and increase resiliency; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts; and

WHEREAS, the Mental Health, Addiction and Recovery Services (MHARS) Board of Lorain County provides leadership and direction to local partners by planning, funding and monitoring community mental health and substance use needs.

NOW, THEREFORE the Lorain County Commissioners, do hereby proclaim May 2020 as Mental Health Month. We call upon the citizens, government agencies, public and private institutions, businesses and schools in Lorain County to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

Witness our signatures this 29th of April 2020.

LORAIN COUNTY COMMISSIONERS

Lori Kokoski

Lori Kokoski, President

Sharon Sweda

Sharon Sweda, Vice President

Matt Lundy

Matt Lundy, Member