



## COVID-19 Support Line for Healthcare Professionals

Are you a healthcare worker, or first responder on the front lines treating patients during the COVID-19 pandemic and

# need to talk?

Firelands Regional Medical Center Counseling & Recovery Services has set up a 24-hour hotline answered by trained hotline staff who will connect callers with licensed mental health clinicians that are experienced in helping people manage anxiety and fear. Clinicians will offer an empathetic ear, coping skills and strategies that can better manage challenges related to COVID-19.



**24-hour Helpline**  
**419-557-5835**

The ability to connect to someone amidst this stress and isolation is one of the ways that Firelands can show its support for those who must continue to risk personal well-being to take care of others. The Behavioral Health staff at Firelands is honored to provide support to those setting aside their own needs and fears to take care of friends and neighbors.



Please know Firelands Support Line was not implemented to deter the use of programs already in place by health care and first response organizations to support their staff; please use them during this difficult time. However, if you need support and you are on the front line, you can use this telephone number for needed support and emotional strength. Please allow these professionals to provide assistance for those taking care of our neighbors and keeping our communities safe.