

Mental Health & Substance Use Services are ESSENTIAL

CARE DURING COVID-19

#BHisOpenforBusiness

#COVID19OhioReady

#InThisTogetherOhio

Stressed about COVID-19?

Talk through your emotional distress using these free, confidential resources:

Crisis Text Line: text 4hope to 741741

Disaster Distress Helpline: 1-800-985-5990

24/7 national helpline provides immediate crisis counseling for people experiencing emotional distress related to any natural or human-caused disaster or event like the coronavirus

Mental health and substance use agencies are serving the public.

If you are a client, please stay in contact with your mental health or recovery care provider. Keep your appointments, and stay on treatment.

Many providers are taking new patients, to help if you are experiencing a mental health or addiction issue for the first or a recurring time.

Find the help you, your child or a loved one might need:

Non-emergency: mharslc.org/find-help

Lorain County Navigator: 440-240-7025

OhioMHAS information and referral: 1-877-275-6364

Emergency: 9-1-1

Lorain County Mental Health Crisis Hotline:

1-800-888-6161