



Priority #3: Mental Health

Strategic Plan of Action

To work toward improving mental health outcomes, the following strategies are recommended:

Priority #3: Mental Health			
Facilitating Organization: Mental Health, Addiction and Recovery Services Board of Lorain County			
Goal 1: Arrest upward trend of overall suicide deaths by staying at or below the last 5-year average (2013-2017 average of 49 suicides per year, or 16 deaths per 100,000 population) for the period of 2018-2022.			
Strategy 1: Community-based education to promote positive mental health			
Objective: By December 31, 2022, provide QPR (Question Persuade Refer) basic suicide prevention training in two new identified settings determined by Year 1 data collection and Year 2 data analysis.			
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:
Year 1: Informed by Psychological Autopsy techniques, increase # of data collection categories on the Lorain County Suicide Prevention Data Table by 25% (12 to 15), for approval by the Mental Health CHIP Priority Team and the Lorain County Suicide Prevention Coalition (SPC) on or before the December 7, 2020, SPC meeting.	December 7, 2020	Overall trends including adult and youth	Suicide deaths: Number of deaths due to suicide per 100,000 population (age adjusted) Note: Data based on information from the Lorain County Suicide Data Table and the Ohio Department of Health.
Year 2: By December 31, 2021, identify at least two new settings based on Year 1 data where suicide prevention training should be implemented.	December 31, 2021		
Year 3: By December 31, 2022, provide QPR (Question Persuade Refer) basic suicide prevention training in new identified settings.	December 31, 2022		
Type of Strategy:			
<input type="radio"/> Social determinants of health <input type="radio"/> Healthcare system and access <input type="radio"/> Public health system, prevention and health behaviors <input checked="" type="radio"/> Not SHIP Identified			
Strategy identified as likely to decrease disparities?			
<input type="radio"/> Yes <input type="radio"/> No <input checked="" type="radio"/> Not SHIP Identified			
CHIP Priority Team Members: Cleveland Clinic, Far West Center, Firelands Counseling and Recovery Services, Horizon Education Center, Lorain County Children Services, Lorain County Health & Dentistry, Lorain County Jobs and Family Services, Lorain County Public Health, Mercy Health, The Nord Center			
Resources to address strategy: Mental Health, Addiction and Recovery Services Board of Lorain County, existing community-based trainings (QPR, Working Minds, etc.), Lorain County Coroner's Office, Lorain County Suicide Prevention Coalition			

Priority #3: Mental Health			
Facilitating Organization: Mental Health, Addiction and Recovery Services Board of Lorain County			
Goal 1: Arrest upward trend of overall suicide deaths by staying at or below the last 5-year average (2013-2017 average of 49 suicides per year, or 16 deaths per 100,000 population) for the period of 2018-2022.			
Strategy 2: Screen for clinical depression for all patients 12 or older using a standardized tool			
Objective: Informed by an environmental review of existing screening activities, increase the number of individuals who are screened by a minimum of 10% using standardized depression screening tools that are culturally and age-relevant, on or before December 31, 2022.			
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:
<p>Year 1: Create a sub-committee to work with county hospital systems and other health care providers (ex: primary care providers, OB-GYN offices, etc.) that currently screen for depression and determine what tool is used.</p> <p>Evaluate findings to both determine a baseline number of screenings happening among participating partners; and, share among mental health providers to determine what standardized tools are most helpful for identifying people at risk for suicidal thoughts or actions.</p> <p>Use the sub-committee to determine other community-based locations or programs that could integrate an approved screening tool to “catch” more people at risk.</p>	July 30, 2020	Adult and youth	Suicide deaths: Number of deaths due to suicide per 100,000 population (age adjusted)
<p>Year 2: Pilot the implementation of standardized screening tools (such as the Patient Health Questionnaire (PHQ-9 and PHQ-A)) and/or another chosen tool, within at least one new setting to increase the number of county residents being screened for depression (to be determined from assessment from year 1, approval by the Mental Health CHIP Priority Team and the Lorain County Suicide Prevention Coalition (SPC).</p> <p>Track the number of patients flagged for depression due to depression screening implementation. Work with both public and private providers, and community screeners, to ensure that clinicians have up to date community resources for mental health referrals.</p>	July 30, 2021		
<p>Year 3: Continue efforts from years 1 and 2. Possible future action: Determine a system of patient tracking to examine whether community referrals were acted upon.</p>	Dec. 31, 2022		
<p>Type of Strategy:</p> <ul style="list-style-type: none"> <input type="radio"/> Social determinants of health <input type="radio"/> Public health system, prevention and health behaviors <input checked="" type="radio"/> Healthcare system and access <input type="radio"/> Not SHIP Identified 			

Priority #3: Mental Health 			
Facilitating Organization: Mental Health, Addiction and Recovery Services Board of Lorain County			
Goal 1: Arrest upward trend of overall suicide deaths by staying at or below the last 5-year average (2013-2017 average of 49 suicides per year, or 16 deaths per 100,000 population) for the period of 2018-2022.			
Strategy 2: Screen for clinical depression for all patients 12 or older using a standardized tool 			
Objective: Informed by an environmental review of existing screening activities, increase the number of individuals who are screened by a minimum of 10% using standardized depression screening tools that are culturally and age-relevant, on or before December 31, 2022.			
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:
Strategy identified as likely to decrease disparities? <input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> Not SHIP Identified			
CHIP Priority Team Members: Cleveland Clinic, Far West Center, Firelands Counseling and Recovery Services, Horizon Education Center, Lorain County Children Services, Lorain County Health & Dentistry, Lorain County Jobs and Family Services, Lorain County Public Health, Mercy Health, The Nord Center			
Resources to address strategy: Mental Health, Addiction, and Recovery Services Board of Lorain County, PHQ-9 or PHQ-A or other screening tool			

Priority #3: Mental Health

Facilitating Organization: Mental Health, Addiction and Recovery Services Board of Lorain County

Goal 1: Arrest upward trend of overall suicide deaths by staying at or below the last 5-year average (2013-2017 average of 49 suicides per year, or 16 deaths per 100,000 population) for the period of 2018-2022.

Strategy 3: School-based prevention programs and policies

Objective: By the start of the 2022-2022 school year, offer at least two new or expanded youth prevention programs proven to influence mental health outcomes for 8th to 12th grade students, reaching 10% more students in public school or pre- and after-school settings.

Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:
<p>Year 1: Members of the Children’s Subcommittee of the Lorain County Suicide Prevention Coalition, in partnership with the Educational Service Center, create an inventory of prevention programming and intervention services that are available to Lorain County school districts. Include pertinent information (grade levels, time commitment, cost).</p> <p>Create a similar guide that lists which districts, schools, and grade levels are currently participating in the above programming, and develop an estimated baseline of the number of children served, by grade level. Ensure the information is easily accessible to Lorain County Health Partners.</p> <p>Schedule a meeting with key stakeholders and the Educational Service Center to determine best ways to approach school districts/superintendents with program and service offerings. Discuss opportunities to incorporate or supplement information within current curriculums.</p>	July 30, 2020	8 th to 12 th grade students	<p>Number of youth enrolled in or experiencing youth school-based prevention programming offerings</p> <p>Future outcomes measurement: PRIDE survey for 8th, 10th and 12th grades</p>
<p>Year 2: Continue efforts of year 1.</p> <p>Research and determine the feasibility of launching or expanding the following or other identified programs/services:</p> <ul style="list-style-type: none"> • Teen Mental Health First Aid (tMHFA) across public high schools after pilot program • Expanding Coping with Stress high-school program • CAST (Coping and Support Training), a small-group 12-week program that can be offered in middle and high schools • Mentoring programs and opportunities, for example: Ashland County’s Multi-Generational Mentoring (MGM) program • Expanding pre-school The PAX Good Behavior Game, The Incredible Years • Trauma intervention services for all ages, like the Handle With Care Program 	July 30, 2021		

Priority #3: Mental Health			
Facilitating Organization: Mental Health, Addiction and Recovery Services Board of Lorain County			
Goal 1: Arrest upward trend of overall suicide deaths by staying at or below the last 5-year average (2013-2017 average of 49 suicides per year, or 16 deaths per 100,000 population) for the period of 2018-2022.			
Strategy 3: School-based prevention programs and policies			
Objective: By the start of the 2022-2022 school year, offer at least two new or expanded youth prevention programs proven to influence mental health outcomes for 8 th to 12 th grade students, reaching 10% more students in public school or pre- and after-school settings.			
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:
Secure funding, instructors, materials for any new programs selected.			
Year 3: Continue efforts of years 1 and 2. Launch or expand programs. Possible future action: use PRIDE Survey data to determine impacts in 8 th , 10 th and 12 th grades.	August 15, 2022		
Type of Strategy: <input type="radio"/> Social determinants of health <input type="radio"/> Healthcare system and access <input checked="" type="radio"/> Public health system, prevention and health behaviors <input type="radio"/> Not SHIP Identified			
Strategy identified as likely to decrease disparities? <input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> Not SHIP Identified			
CHIP Priority Team Members: Cleveland Clinic, Far West Center, Firelands Counseling and Recovery Services, Horizon Education Center, Lorain County Children Services, Lorain County Health & Dentistry, Lorain County Jobs and Family Services, Lorain County Public Health, Mercy Health, The Nord Center			
Resources to address strategy: Lorain Public Health, Healthy Kids Achieve More Network, Educational Service Center of Lorain County, Communities That Care, local school districts, County MHARS/ADAMHS partners (Ashland, Stark), existing law enforcement partnerships, evidence-based social and emotional programs, ODE social and emotional instruction resources			