

# Lorain County Opioid Action Team Meeting

**Select CHIP Priority Team:**

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|---|--|---|
| <input type="checkbox"/> Access to Care | <input type="checkbox"/> Infant Mortality                            | <input type="checkbox"/> Weight/Obesity |
| <input type="checkbox"/> Smoking        | <input checked="" type="checkbox"/> Overdose Deaths/Drug and Alcohol | <input type="checkbox"/> Mental Health  |

**Goal:**            **1) Reduce Overdoses and Overdose Deaths, 2) Increase access to treatment and recovery supports.**

**Date and Location of Committee Meeting: Friday October 11, 2019 from 8:30 – 10:30 am, held at Amy Levin Center-Lorain 44055**

**Members in Attendance** (attach sign-in sheet or list members’ names and organizations): Elaine Georgas, Christine Robinson, Jinx Mastney, Sarah Reinhold (*MHARS Board of Lorain County*), Tom Stuber, Dan Haight (*The LCADA Way*), Catherine Woskobnick, Donna Sims, Irvin Delvalle (Mercy Health), Linda Styer, Cynthia Andrews, Jamie Simoneau (Community Foundation), Pamela Weiland (Lorain County Public Health), Kathy Boylan (CHIP M-Health), Melanie Williamson (Lets Get Real (LGR)), Deanna Juhasz (Lorain County Children Services)

**Meeting Notes:**

Agenda Topics	Notes <i>(Recurring themes, points of agreement or disagreement, etc.)</i>
Welcome/Introductions	Members introduced themselves. Ms. Georgas read the Value Statement that was drafted for this action team: “Lorain County’s Opioid Action Team commits to work together through a comprehensive, data-driven plan that effectively blends, braids, and if necessary, acquires resources that address the priorities of prevention and reduction of factors contributing to the devastating human, economic and societal impacts of opioid abuse, overdose and death in Lorain County. This effort will empower every individual and community partner to strengthen our community’s wellness. “
Data Updates	<p>Ms. Reinhold reported the following data reports.</p> <ul style="list-style-type: none"> <li>Quick Response Team (QRT) (January-September 2019)</li> <li>Warm Hand Off (WHO) (January-August 2019)</li> <li>Medication Safe/Disposal Pouch (July 2018-September 2019)</li> <li>Medication Safes/Disposal Pouch Location Map</li> <li>Accidental Drug Overdose Report (January-September 2019)</li> </ul> <p>From these reports, many questions were discussed on how each individual program works as well as some points to look at for future meetings. For QRT reports, members were interested in who is more engaged in treatment by area. For WHO reports, there was an interest in look at a person longitudinally. Ms. Reinhold stated this could start to be done by tracking frequent clients now that the case number is the same regardless of when they visit the emergency room. Additionally, LGR is interested in tracking encounters to see how many times it takes for someone to get into treatment starting in 2020. For the Accidental Drug Overdose report, members were interested in tracking deaths by zip code. Ms. Reinhold stated we did not receive zip code but could do this for municipality.</p>

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Community Updates	<p><b>Faith Leaders Round Table</b></p> <ul style="list-style-type: none"><li>• Ms. Mastney discussed that an action plan is currently being developed<ul style="list-style-type: none"><li>○ Plan is to recruit 20 faith leaders from the community</li><li>○ From the 20 people, if faith leaders are unable to attend meeting, faith leaders can nominate 2-3 people in congregation to be a part of the group</li><li>○ Group is currently pretty small- about 5 people total</li><li>○ Mercy Parish Nurses, Ms. Sims discussed that she could probably get a pastor to come to future meetings</li><li>○ Plan is to get action plan on MHARS website when completed</li></ul></li><li>• Ms. Mastney discussed finalizing the brochure of who the faith leader round table is, what their goals are etc. This will be used in recruiting faith leaders to group</li><li>• A goal of the current faith leaders round table is also to create a digital library for all resources for faith leaders in Lorain County. This will be worked on once the action plan and recruiting is complete.</li><li>• Ms. Mastney stated that if members know any faith leader, they can attend meetings (4<sup>th</sup> Thursday of every month 2-3:30pm at MHARS Oberlin Avenue Site)</li></ul> <p><b>Community Engagement Workgroup</b></p> <ul style="list-style-type: none"><li>• Ms. Mastney discussed that she is working with the Community Engagement workgroup to finalize the community engagement plan<ul style="list-style-type: none"><li>○ This includes developing SMART goals for each initiative</li><li>○ Mr. Haight (LCADA Way) discussed a program from University of Akron called “Think about It” It is a mandatory training on opiates/drugs for incoming freshman<ul style="list-style-type: none"><li>▪ This could possibly be implemented in high schools in Lorain County as an introduction class for high school freshmen</li></ul></li></ul></li><li>• Ms. Mastney invited all members to community engagement workgroup meetings (1<sup>st</sup> Tuesday of every month 3-4pm)</li></ul> <p><b>First Responder’s Training</b></p> <ul style="list-style-type: none"><li>• Ms. Mastney discussed that the First responders training is every 3<sup>rd</sup> Wednesday of every month and often will have free CEU’s available to participants</li><li>• October Training (October 22, 2019)- Resiliency in Trauma-Exposed Workplaces 8AM-4PM<ul style="list-style-type: none"><li>○ Supported/funded by the Community Foundation</li><li>○ Currently is sold out</li></ul></li><li>• November Training (November 20<sup>th</sup>, 2019)<ul style="list-style-type: none"><li>○ Training will focus on the recent Youth Survey Data and how it</li></ul></li></ul>
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	<p>connected to Opiates</p> <ul style="list-style-type: none"> <li>○ Speaker TBA at this time</li> <li>○ Members at the Community Foundation discussed their connection with the Youth Fund with 14 public schools and how these youth leaders could possibly attend the training</li> </ul> <ul style="list-style-type: none"> <li>● No December Training</li> </ul> <p><b>State Opioid Response Initiatives</b></p> <p>Ms. Robinson provided updates Goals/Funding for Year 2 (Details in Packet)</p> <ul style="list-style-type: none"> <li>● Two overarching goals <ul style="list-style-type: none"> <li>○ Increase the number of direct handoffs for persons with OUD to community-based service providers</li> <li>○ Increase in treatment capacity for persons with OUD</li> </ul> </li> <li>● Ms. Robinson discussed that for year 1 funding, they only had about 5-6 months to use the funding</li> <li>● Accomplishments/Updates with 1<sup>st</sup> year of funding <ul style="list-style-type: none"> <li>○ Buprenorphine in ERS in hospitals is continuing to improving <ul style="list-style-type: none"> <li>▪ Started in May 2019</li> <li>▪ Last few months there have been more cases</li> <li>▪ Ms. Weiland asked the question of how we could start giving naloxone out with ERs as part of discharge plan</li> </ul> </li> <li>○ Pre-release MAT/vivitroll at the jail has started in the week of 10/6/2019. Members from Firelands and LCADA discussed there were more inmates booked to receive MAT in the following weeks</li> <li>○ Continuing to work with LGR in the Police-Assisted Program- estimated 36 individuals annually</li> </ul> </li> </ul>
<p>Community Health Improvement Plan (CHIP)</p>	<p>Ms. Robinson discussed that the Substance Abuse CHIP occurred that week on Tuesday 10/8/2019. The goals of the committee are the following:</p> <ul style="list-style-type: none"> <li>● Decrease tobacco use/availability</li> <li>● Increase community awareness and education of risky behaviors and substance abuse issues and trends</li> <li>● Decrease binge drinking</li> <li>● Decrease unintentional drug overdose deaths</li> </ul> <p>Ms. Robinson discussed that what comes out of the goal to decrease unintentional drug overdose deaths will be an important focus for this task force. Goals/initiatives of the CHIP will begin January 2020 and more details will come then.</p>
<p>Harm Reduction Clinic Updates</p>	<p>Ms. Georgas discussed that the location for the harm reduction clinic is currently having very little people right now. Therefore, right now the clinic is not operational but will be starting January 2020. Ms. Georgas discussed some goals for the clinic</p> <ul style="list-style-type: none"> <li>● Wanting to start a mobile clinic</li> <li>● Would need to find a van as well as a places/communities that would benefit</li> </ul>

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	<p>from this service</p> <ul style="list-style-type: none"> <li>• Van could triage 2-3 people</li> <li>• Goal is to eventually get individuals to treatment, but that will take time a good relationship to do so</li> <li>• Many members discussed the importance of starting this clinic back up and that is very important to do so.</li> </ul>
<p>Work Session – Creating Goals and Objectives for Opioid Action Team Branches</p>	<p>Due to limited time, Ms. Georgas asked members to take 5 minutes to fill out the worksheet on creating goals/objectives of the Opioid Action Team Branches. Members were asked to pick one branch and list so goals/objectives, some strategies of how to achieve those goals/objectives as well as who could the Opioid Action Team partner with the carry out these strategies. Forms were collected and Ms. Georgas stated that we would schedule a Think Tank before the January Meeting to any members interested to further map out these branches of the Opioid Action Team.</p> <p>During this time, members of the group asked how they could help in all of the initiatives that were discussed. Ms. Georgas and Ms. Robinson listed some suggestions</p> <ul style="list-style-type: none"> <li>• Help the Opioid Action Team be more data informed             <ul style="list-style-type: none"> <li>○ Begin to get more police departments on OD Maps</li> <li>○ Help set up a system like in Montgomery County where data sharing between entities (Health Department, Treatment Agencies, Community Organizations, the Jail and Hospitals can be better shared)</li> <li>○ The Community Foundation discussed that they would like to be part of this data sharing piece and would love to set up a meeting in November to discuss how this could possibly work.</li> </ul> </li> <li>• Help drive the community engagement plan. Offer suggestions on how initiatives could work and be an advocate in driving this plan into action.</li> <li>• Help with the initiative for the Bureau Worker’s Comp.             <ul style="list-style-type: none"> <li>○ How can we get employers to be more supportive of their employees who are in recovery and working on getting in more stable employment?</li> <li>○ Need to have workforce development for those in recovery</li> <li>○ First step that was suggested was working with employers who are more willing to be engaged in program/initiative.                 <ul style="list-style-type: none"> <li>▪ I.e. A model was discussed that some companies if you fail a drug test, you could possibly do a different job in the company instead of being fired.</li> </ul> </li> </ul> </li> </ul>
<p>Upcoming Events</p>	<p>Ms. Mastney discussed that Drug Take Back Day will be October 26<sup>th</sup> at all Lorain County Police Departments, the Lorain County Sheriff’s Department and Columbia Township Fire Department. Please spread the word to community members to dispose of unused/expire medications. Medication safes will also be available at these locations.</p> <p>Ms. Mastney also reiterated the First Responders Training that in November.</p>

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Staff positions	Ms. Georgas reported that ADAS has two staff positions open for Opioid initiatives: Program Manager – First Response project and Americorp/VISTA for community outreach and engagement). She asked for assistance in sharing this information so the positions can be filled.
Next Meeting Date	The next meeting is scheduled for Friday January 24 2020 from 8:30 -10:30 am. The meeting venue will be announced.

### Action Steps:

Action Step(s)	Responsible Partner(s)	Timeframe
Add specific elements to data reports for next Board meeting	MHARS Board (Sarah Reinhold)	Next Opioid Action Team Meeting
Update board members of First Responder Training in November	MHARS Board (Jinx Mastney)	October 31, 2019
Provide updates from CHIP meeting to Opioid Action Team (specifically for goal to reduce unintentional drug overdose deaths)	MHARS Board (Christine Robinson)	January 2020
Schedule Think Tank Meeting to create goals/objectives of Opioid Action Team Structure	MHARS Board (Elaine Georgas)	Before next Opioid Action Team
Set up meeting with Community Foundation on how they can help with Data Sharing	MHARS Board (Elaine Georgas)	November 2019
Brainstorm ways how your organization can help the Opioid Action Team in regards to data sharing, the community engagement action plan and carrying out the Bureau's Workers Comp. program and pass that on to the MHARS board	Opioid Action Team Members	Before next Opioid Action Team Meeting

**Next Meeting Date and Location:** The next meeting will be held on Friday, January 24, 2020; 8:30 10:30 am at the Amy Levin Conference Center – 1165 North Ridge Road, Lorain.

**Individual(s) Completing this Form (name and organization):** Sarah Reinhold, MHARS Board of Lorain County

### Documents attached for this meeting:

- Meeting agenda
- Data Reports (QRT, WHO, Medication Safes, Medication Disposals, Medication Safe and Disposal Maps, and Overdose Mortality)
- Faith Leaders Round Table Action Plan
- State Opioid Response Abstract for Year 2 Funding
- Opioid Action Team Structure
- Opioid Action Team
- Opioid Action team Work Session Worksheet