

OTHER SUPPORT SOURCES FOR FAMILIES

Big Brothers Big Sisters (Helps children reach their potential through professionally supported 1:1 mentoring with measurable impact for at risk youth): 440-277-6541 bigloraingroup.org

GRIEF SUPPORT ASSISTANCE:

Find a grief counselor in Lorain County by calling the Navigator at 440-240-7025 during regular business hours. Grief and bereavement support is available through the Hospice of the Western Reserve's Lorain Office at 440-787-2080 or through their Support Groups page at <https://hospicewr.org/patients-and-caregivers/grief-and-loss/support-groups>



To find additional community services, dial 2-1-1 to reach the United Way of Lorain County.

The MHARS Board thanks the family support branch of the Lorain County Opioid Action Team for compiling this important resource.

It's OK

TO TALK ABOUT IT

A resource guide for families affected by substance use disorder



Mental Health, Addiction
and Recovery Services
Board of Lorain County



FAMILY SUPPORT GROUPS:

Al-Anon/Alateen (For families and friends of persons with Alcohol Use Disorder (AUD): 888-425-2666 | al-anon.org/
Nar-Anon (12 step program for families and friends of persons with substance use disorder (SUD): 800-477-6291 | www.nar-anon.org)

Families Anonymous (For families and friends concerned about the use of drugs or related behavior problems): 800-736-9805 | www.familiesanonymous.org

Families of Addicts (FOA) (empowers, educates and supports families and individuals with SUD to assist to recovery): 937-307-5479 | www.foafamilies.org
www.foafamilies.org/meeting

TAP (The Addict's Parent United) - (Parents working together, sharing experiences and developing advocacy for change): 614-206-8129 | tapunited.org/contact-us.html

FAMILY & EDUCATION SUPPORT GROUPS:

The LCADA Way - Family Support Groups (Programs with complete range of alcohol, drug and behavior health problems including women's, men's, adolescent and family services): 440-989-4900 | www.thelcadaway.org/

ME WE Family Education and Support Group Program - (online weekly education and support group for parents, spouses and other family members concerned about a loved one's misuse and/or addictive use of alcohol, other drugs and substances): 216-780-3883 | joynerandassociates.com
joynerandassoc2009@gmail.com

Smart Recovery for Families - Science-based, secular program for those affected by the addictive behavior of a loved one, utilizing a workbook with a wide range of topics and Community Reinforcement and family training (CRAFT) concepts: 440-951-5357 | smartrecovery.org

FAMILY PEER SUPPORT:

Let's Get Real, Inc. (Recovery community of peer supporters. Family & Kids Group Meeting/Adult Children of Alcoholics (ACA) Meeting): 440-963-7042
letsgetrealinc@gmail.com

National Peer Parent Coach program (Peer to peer support for parents seeking help with a child's SUD issues. Parents are paired up with specially trained parent volunteers who share the same journey). Schedule a call at drugfree.org.

NARCAN ACCESS:

Project DAWN - Deaths Avoided With Naloxone (Opioid overdose education and Naloxone distribution program): Lorain County Public Health | 440-322-6367
loraincountyhealth.com/opioids

HARM REDUCTION:

Harm Reduction Clinic - (Harm reduction supplies for those in need including syringe exchange, counseling, peer support, HIV/AIDS and STD testing, Narcan kits and resources for those coping with a loved one's substance use disorder): 440-204-4318

REFERRAL SOURCES:

Navigator Referral Line - (Bilingual service to call to discuss a mental health or addiction concern and to be connected to the appropriate agency): 440-240-7025

Mental Health, Addiction and Recovery Services (MHARS) Board of Lorain County - (Governmental community agency that plans, evaluates and funds programs and facilities for mental health and addiction services in Lorain County with the focus of prevention, treatment and support services): 440-233-2020 | <https://mharslc.org/>