OTHER SUPPORT SOURCES
FOR FAMILIES

Big Brothers Big Sisters (Helps children reach their potential through professionally supported 1:1 mentoring with measurable impact for at risk youth): 440–277–6541 bigloraincounty.org

GRIEF SUPPORT
ASSISTANCE:

Find a grief counselor in Lorain County by calling the Navigator at 440–240–7025 during regular business hours. Grief and bereavement support is available through the Hospice of the Western Reserve’s Lorain Office at 440–787–2080 or through their Support Groups page at https://hospicewr.org/patients-and-caregivers/grief-and-loss/support-groups

To find additional community services, dial 2–1–1 to reach the United Way of Lorain County.

The MHARS Board thanks the family support branch of the Lorain County Opioid Action Team for compiling this important resource.
FAMILY SUPPORT GROUPS:

Al-Anon/Alateen (For families and friends of persons with Alcohol Use Disorder (AUD): 888-425-2666 | al-anon.org/
Nar-Anon (12 step program for families and friends of persons with substance use disorder (SUD): 800-477-6291 | www.nar-anon.org
Families Anonymous (For families and friends concerned about the use of drugs or related behavior problems): 800-736-9805 | www.familiesanonymous.org
Families of Addicts (FOA) (empowers, educates and supports families and individuals with SUD to assist to recovery): 937-307-5479 | www.foafamilies.org
TAP (The Addict’s Parent United) – (Parents working together, sharing experiences and developing advocacy for change): 614–206–8129 | tapunited.org/contact-us.html

FAMILY & EDUCATION SUPPORT GROUPS:
The LCADA Way – Family Support Groups (Programs with complete range of alcohol, drug and behavior health problems including women’s, men’s, adolescent and family services): 440–989–4900 | www.thelcadaway.org/
ME WE Family Education and Support Group Program – (online weekly education and support group for parents, spouses and other family members concerned about a loved one’s misuse and/or addictive use of alcohol, other drugs and substances): 216–780–3883 | joynerandassociates.com joynerandassoc2009@gmail.com
Smart Recovery for Families – Science-based, secular program for those affected by the addictive behavior of a loved one, utilizing a workbook with a wide range of topics and Community Reinforcement and family training (CRAFT) concepts: 440–951–5357 | smartrecovery.org

FAMILY PEER SUPPORT:

letsgetrealinc@gmail.com
National Peer Parent Coach program (Peer to peer support for parents seeking help with a child’s SUD issues. Parents are paired up with specially trained parent volunteers who share the same journey). Schedule a call at drugfree.org.

NARCAN ACCESS:

Project DAWN – Deaths Avoided With Naloxone (Opioid overdose education and Naloxone distribution program): Lorain County Public Health | 440–322–6367
loraincountyhealth.com/opioids

HARM REDUCTION:

Harm Reduction Clinic – (Harm reduction supplies for those in need including syringe exchange, counseling, peer support, HIV/AIDS and STD testing, Narcan kits and resources for those coping with a loved one’s substance use disorder): 440–204–4318

REFERRAL SOURCES:

Navigator Referral Line – (Bilingual service to call to discuss a mental health or addiction concern and to be connected to the appropriate agency): 440–240–7025
Mental Health, Addiction and Recovery Services (MHARS) Board of Lorain County – (Governmental community agency that plans, evaluates and funds programs and facilities for mental health and addiction services in Lorain County with the focus of prevention, treatment and support services): 440–233–2020 | https://mharslc.org/

Families of Addicts (FOA) (empowers, educates and supports families and individuals with SUD to assist to recovery): 937–307–5479 | www.foafamilies.org
www.foafamilies.org/meeting
TAP (The Addict’s Parent United) – (Parents working together, sharing experiences and developing advocacy for change): 614–206–8129 | tapunited.org/contact-us.html