



OverdoseLifeline

# TRAIN THE TRAINER COURSES

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Free courses | Virtual trainings available  
Teach courses annually  
Certification valid for three years



Mental Health,  
Addiction & Recovery  
Services Board of  
Lorain County

## WHY GET TRAINED?

Accidental overdoses from opioids has claimed 140 lives in Lorain County in 2021, Opioid use disorder is a public health crisis. By becoming trained to offer Overdose Lifeline trainings in the community, you can help educate others about the dangers of opioid use disorder. Addiction is a medical disease that affects the brain. Because it can affect anyone, someone struggling with it may be in closer proximity than you think. You can help educate others about the science of addiction, the prevalence in our communities and avoiding stigma.

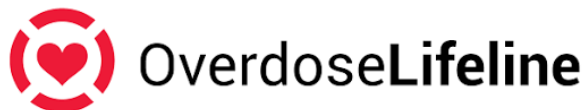
## HOW TO GET STARTED

1. Contact Jinx Mastney at JMastney@mharslc.org or (440) 434-5711
2. Overdose Lifeline Director of Education Courtney Sturgeon will send an email, which will detail requirements for the online training and to guide you through the training process. Instructions for next steps will be included in the email as well as a coupon code to ensure there is no cost to you to be trained.

Note: All train the trainer classes are available and held online.

## NEXT STEPS

We will provide you with supplies via MHARS staff member Jinx Mastney. Simply advise Jinx of when the course is scheduled. You will be provided with a PowerPoint specific to Lorain County as well as brochures and pamphlets. Please note: altering the information in the PowerPoint is prohibited. Presentations must be taught with the fidelity of the words provided in materials.



## The Opioid Public Health Crisis CEUs: 3

### COURSE DESCRIPTION

- Understanding foundational knowledge of the nationwide opioid public health crisis
- Solutions and action to take to reduce the epidemic's effects
- Understanding the potential misuse of opioids, risk factors and suggested prevention and reduction methods

### PREREQUISITE CLASS COMMITMENTS

- The Brain and the Disease of Addiction (1 hour)
  - Attend Opioid Public Health Crisis course (1 hour) and Overdose Lifeline Consulting (2 hours)
- Total – 4 hours

### AUDIENCE

- Individuals
- Parents
- Healthcare professionals
- Groups and organizations working to prevent and reduce the effects of the opioid public health crisis

### LENGTH OF PUBLIC PRESENTATION

60 minutes of content is optimal, though presentation can reach 90 minutes based on attendee dialogue

## Guide to Harm Reduction CEU: 1

### COURSE DESCRIPTION

- Convey a working understanding of harm reduction (HR) as it is applied to substance use disorder (SUD)
- Participants gain an understanding of harm reduction principles and services
- Be able to define what it means to "practice" harm reduction

### PREREQUISITE CLASS COMMITMENTS

- Overdose Lifeline Consulting (2 hours)
  - PREREQUISITES REQUIRED – provided via email and can be completed online
- Total – 4 hours

### AUDIENCE

- Individuals, especially parents
- Healthcare professionals
- First responders
- Business community
- Groups and organizations working to prevent and reduce the effects of addiction and the opioid public health crisis
- Groups who serve individuals at risk for opioid misuse, addiction or overdose

### LENGTH OF PUBLIC PRESENTATION

60 minutes of content is optimal, though presentation can reach 90 minutes based on attendee dialogue

## The Brain and the Disease of Addiction CEUs: 2

### COURSE DESCRIPTION

- How the brain is affected by substances such as drugs and alcohol
- How the disease of addiction develops

### PREREQUISITE CLASS COMMITMENTS

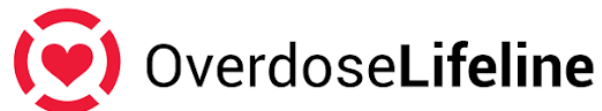
- Overdose Lifeline Consulting (2 hours)
  - PREREQUISITES REQUIRED – provided via email and can be completed online
- Total – 4 hours

### AUDIENCE

- Individuals
- Parents
- Students
- Healthcare professionals
- Groups and organizations who will benefit from an understanding and knowledge of the science of the disease of addiction

### LENGTH OF PUBLIC PRESENTATION

60 minutes of content is optimal, though presentation can reach 90 minutes based on attendee dialogue



## Medication Assisted Treatment CEUs: 3

### **COURSE DESCRIPTION**

- Understanding the role of Medication Assisted Treatment (MAT) in treating Opioid Use Disorder (OUD)
- Understanding MAT as a part of comprehensive medication-assisted recovery. Participants will learn how:
  - MAT fits into treatment continuum for those with OUD
  - To identify three medications proven to be effective treatment and learn basic characteristics of each
  - To identify patients best suited for each medication
  - To identify other psychotherapies and activities that enhance comprehensive addiction treatment program

### **PREREQUISITE CLASS COMMITMENTS**

- Overdose Lifeline Consulting (2 hours)
  - PREREQUISITES REQUIRED – provided via email and can be completed online
- Total – 4 hours

### **AUDIENCE**

- Individuals, especially students
- Healthcare and helping professionals, especially pharmacists
- Those in a criminal justice field
- Mental health professionals

### **LENGTH OF PUBLIC PRESENTATION**

60 minutes of content is optimal, though presentation can reach 90 minutes based on attendee dialogue

## Removing the Shame and Stigma of Substance Use Disorder CEUs: 3

### **COURSE DESCRIPTION**

- Learn about the consequences of shame and stigma associated with the disease of addiction
- Review reasons addiction is stigmatized in society
- Explore solutions to address shame and stigma
- Identify the shame and stigma marks of disgrace
- Recognize negative beliefs associated with a person, issue or circumstance often based on assumptions, judgments and preconceived notions rather than facts.

### **PREREQUISITE CLASS COMMITMENTS**

- Overdose Lifeline Consulting (2 hours)
  - PREREQUISITES REQUIRED – provided via email and can be completed online
- Total – 4 hours

### **AUDIENCE**

- Individuals, especially parents and students
- Healthcare professionals
- First Responders, especially law enforcement
- Business community
- Groups and organizations who will benefit from knowledge of the role that shame and stigma play in treatment and recovery

### **LENGTH OF PUBLIC PRESENTATION**

60 minutes of content is optimal, though presentation can reach 90 minutes based on attendee dialogue

